

OUR SAVIOUR PARISH  
National Catholic Church (P.N.C.C.)  
2300 Princeton Pike, Lawrenceville, New Jersey 08648  
Rectory Phone: (609)-882-7860

Rt. Rev. John Mack - Bishop

Rev. Gregory Mikula - Pastor

Mr. Joseph Seliga - Parish Committee Chairman

MASS SCHEDULE:

SUN. AUG. 12, 2012 - NINETEENTH SUNDAY IN ORDINARY TIME - HOLY MASS 9AM

\*Mark McAlanis (son) Eve McAlanis (sister) by Elizabeth and Victor McAlanis

MON. AUG. 13, 2012 - ST.SIMPLICIAN, Bp. - (White) - HOLY MASS - 9:00AM

TUE. AUG. 14, 2012 - ST. EUSEBIUS, Con. - (White) - HOLY MASS - 9:00AM

WED. AUG. 15, 2012 - ASSUMPTION OF THE BVM - HOLY MASS - 7:00PM

THUR. AUG. 16, 2012 - ST. HYACINTH, Con - (White) - HOLY MASS - 9:00AM

FRI. AUG. 17, 2012 - ST.EDWIN, Martyr - (Red) - HOLY MASS - 9:00AM

SAT. AUG. 18, 2012 - ST. AGAPITUS, Martyr - (Red) - HOLY MASS - 9:00AM

SUN. AUG. 19, 2012 - TWENTIETH SUNDAY OF ORDINARY TIME - HOLY MASS

9:00AM \* For the parishioners and friends of Our Savior Parish (anon.)

ENTRANCE RITES:

LOW MASS IN THE TRADITIONAL RITE - pg. 15

HYMN OF FAITH - pg. 13

TODAY'S READINGS:

A READING FROM THE FIRST BOOK OF KINGS

Elijah went a day's journey into the desert, until he came to a broom tree and sat beneath it. He prayed for death, saying: "This is enough, O Lord! Take my life, for I am no better than my fathers." He lay down and fell asleep under the broom tree, but then an angel touched him and ordered him to get up and eat. Elijah looked and there at his head was a hearth cake and a jug of water. After he ate and drank, he lay down again, but the angel of the Lord came back a second time, touched him, and ordered, "Get up and eat, else the journey will be too long for you!" He got up, ate, and drank; then strengthened by that food, he walked forty days and forty nights to the mountain of God, Horeb.

READER: THIS IS THE WORD OF THE LORD! PEOPLE: THANKS BE TO GOD!

THE PSALM RESPONSE: TASTE AND SEE THE GOODNESS OF THE LORD!

A READING FROM THE LETTER OF SAINT PAUL TO THE EPHESIANS

Brothers and sisters: Do not grieve the Holy Spirit of God, with which you were sealed for the day of redemption. All bitterness, fury, anger, shouting, and reviling must be removed from you, along with all malice. And be kind to one another, compassionate, forgiving one another as God has forgiven you in Christ. So be imitators of God, as beloved children, and live in love, as Christ loved us and handed himself over for us as a sacrificial offering to God for a fragrant aroma.

READER: THIS IS THE WORD OF THE LORD! PEOPLE: THANKS BE TO GOD!

A READING FROM THE HOY GOSPEL ACCORDING TO ST. JOHN

The Jews murmured about Jesus because he said, "I am the bread that came down from heaven," and they said, "Is this not Jesus, the son of Joseph? Do we not know his father and mother? Then how can he say, 'I have come down from heaven'?"

Jesus answered and said to them, "STOP MURMURING AMONG YOURSELVES. NO ONE CAN COME TO ME UNLESS THE FATHER WHO SENT ME DRAW HIM, AND I WILL RAISE HIM ON THE LAST DAY. IT IS WRITTEN IN THE PROPHETS: THEY SHALL ALL BE TAUGHT BY GOD, EVERYONE WHO LISTENS TO MY FATHER AND LEARNS FROM HIM COMES TO ME. NOT THAT ANYONE HAS SEEN THE FATHER EXCEPT THE ONE WHO IS FROM GOD; HE HAS SEEN THE FATHER. AMEN, AMEN, I SAY TO YOU, WHOEVER BELIEVES HAS ETERNAL LIFE. I AM THE BREAD OF LIFE. YOUR ANCESTORS ATE THE MANNA IN THE DESERT, BUT THEY DIED; THIS IS THE BREAD THAT COMES DOWN FROM HEAVEN SO THAT ONE MAY EAT IT AND NOT DIE. I AM THE LIVING BREAD THAT CAME DOWN FROM HEAVEN. WHOEVER EATS THIS BREAD WILL LIVE FOREVER; AND THE BREAD THAT I WILL GIVE IS MY FLESH FOR THE LIFE OF THE WORLD."

PREIST: THIS IS THE GOSPEL OF THE LORD! PEOPLE: PRAISE BE TO YOU LORD  
JESUS CHRIST!

LITURGICAL NOTES:

You are experiencing today "LOW" Mass in the Traditional Rite. Simply put, this means that the parts of the Mass (both the propers and commons), which are normally sung during a "HIGH" Mass, are instead recited by the priest and people each according to their respective roles. Another difference you will notice with the celebration of Low Mass is that the ASPERGES ME does not precede the liturgy as it does before a HIGH MASS. How does one know that a Mass will be "High" or "Low?" The definitive signal is given by the six candles on the high altar. If they are lit, then one can expect High Mass preceded by the ASPERGES. If they are not lit... a Low Mass is indicated and only two candles at each side of the tabernacle (and or upon the free standing altar of sacrifice) are lit. Our church has a rich liturgical tradition and heritage. We are fortunate. For some, the more elaborate ceremony of the sung liturgy speaks the most. For others the quiet, more contemplative atmosphere of a Low Mass communicates. The Church in Her wisdom knows that everyone is not the same and therefore offers options in this regard. What a great gift of God it is for us to experience the richness of our Church's liturgical life. Let us enter into the celebration of each and every Holy Mass with piety and reverence no matter which rite is used or what "type" of Mass is being celebrated, knowing that during it, Jesus THE BREAD OF LIFE come to rest within our hearts and souls.