

# Our Saviour Parish of the Polish National Catholic Church

2300 Princeton Pike; Lawrenceville, NJ 08648

**Rev. Mariusz Mularczyk, ThM, STL**

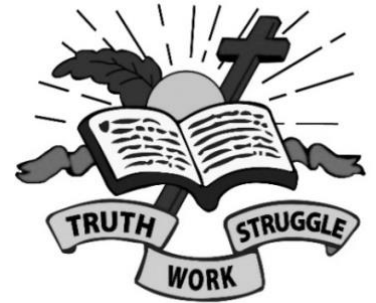
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February 21, 2021

## 1 Sunday of Lent

### FAITH SHARING

The primary purpose of Lent is to prepare us for the celebration of Jesus' death and Resurrection. The Church tries to achieve this goal by leading her children to true "repentance," by reordering their priorities, and the changing their values, ideals, and ambitions through fasting, prayer, almsgiving, and self-control.

### GN 9:8-15

The first reading tells us how man irrevocably broke the original covenant God had made with Adam and Eve, and how the merciful God selected Noah and his family to renew the covenant.

### Responsorial Psalm

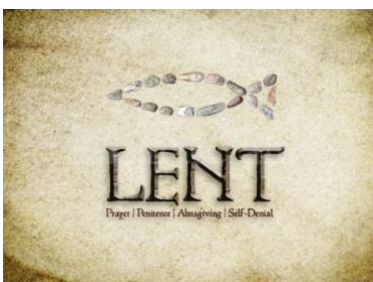
**R. Your ways, O Lord, are love and truth to those who keep your covenant.**

### 1 PT 3:18-22

St. Peter reminds us that, as Noah and his family were saved from the waters of the deluge, so we are saved through the waters of Baptism.

### MT 4:4B

Jesus faced and defeated the tempter by his forty days of prayer and penance in the desert immediately following his baptism. It also tells us how Jesus started preaching his Messianic mission.



### ENTRANCE HYMN (Sirach 44:17-18)

V. Noah, found just and perfect, renewed the race in the time of devastation. Because of his worth there were survivors, and with a sign to him the deluge ended;

**R. A lasting agreement was made with him, that never should all flesh be destroyed.**

V. Glory be to the Father, and to the Son, and to the Holy Spirit,

**R. As it was in the beginning, is now, and ever shall be, world without end. Amen.**

### Gospel

**MK 1:12-15**

A Reading from the Holy Gospel according to Saint Mark.

The Spirit drove Jesus out into the desert, and he remained in the desert for forty days, tempted by Satan.

He was among wild beasts, and the angels ministered to him.

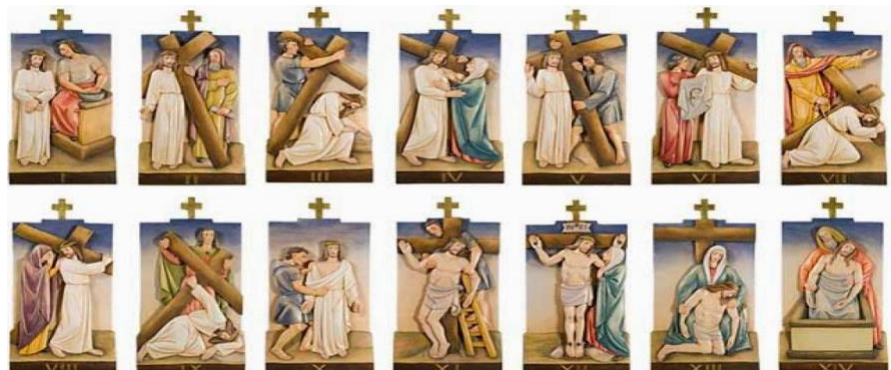
After John had been arrested, Jesus came to Galilee proclaiming the gospel of God: "This is the time of fulfillment. The kingdom of God is at hand. Repent and believe in the gospel."

The Gospel of the Lord.



### STATIONS

Please remember about Stations of the Cross during Lent. Each Friday at 7:00 PM Stations will be broadcasted from St. Valentine's Church. Pray with us.



## Today's Hymns

### Processional Hymn

#1 Hymn of Faith

### Hymn to the Holy Spirit

#144 Come, Thou Creator

### Offertory Hymn

#114 Forty Days and Forty Nights

### Communion Hymn

#113 When I Survey the Wond'rous  
Cross

### Recessional Hymn

#112 O Sacred Head, Now Wounded

## WORSHIP SERVICES

### Sunday, February 21

1 Sunday of Lent

#### 12:00 Noon – Holy Mass

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### Sunday, February 28

2 Sunday of Lent

#### 12:00 Noon – Holy Mass

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### Sunday, March 7

3 Sunday of Lent

#### 12:00 Noon – Holy Mass

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### Sunday, March 14

4 Sunday of Lent

Institution of the PNCC

#### 12:00 Noon – Holy Mass

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## PASTOR'S ADDRESS & PHONE NUMBER

2330 Margaret St.  
Philadelphia, PA 19137  
215-535-4978

## BULLETIN INFORMATION

If you have any information which supposed to be in our parish bulletin, please call or email Fr. Mariusz. Due date for each bulletin is always Friday, 4:00 p.m.

Scan this code  
to watch  
the Mass online



## PRAYERS FOR THE SICK:

Let us pray for all of the sick and homebound members of our Parish, especially: Howard Friedman, Bernice Muha, Janet Caruso, Michael and Patricia Havrilla, Gerry Brunson, Frank and Shellie Fisher, Gregg Smith, Clint Koch, Duane Schulte, Bill and Bernice Biroscak, Stephanie Besterce, David Potts, Andrew Chernesky, Joan Piechota, John Smith, Ernie Hoffman, John and Jane Aldershoff, Peggy Harris, Ina Reese, Bob Stutz, Tom Goff, David Gavenda, Michelle Freer, Kay Stampone, Dorothy Nabinger, John Russell, Ronald Brower, Jan Cherneski, Sally Bisch, Stan Sub, Ewelina Mendelewski-Filyushchenko, Richard Golazewski, Joseph Seliga, Fr. Donald Wunderlich, Walter Papp.

## ACT OF SPIRITUAL COMMUNION

Most loving Jesus, I adore You in the Most Blessed Sacrament, in Which You are truly present. I love You above all things and I long for You in my soul. Since I cannot receive You sacramentally, I ask You to come spiritually into my heart and heal my soul. I embrace You and unite myself with You; may I never be separated from You. In flame my heart with the fire of Your love, my Lord and Savior.

## LENTEN LAMENTATIONS – GORZKIE ŻALE

One of the signs of Lent in the Polish community are the Gorzkie Żale, called in English Lenten Lamentations or Bitter Lamentations, sung at church on Sundays during that somber season. They're a series of melancholic hymns about Jesus Christ's passion and death, meant to be a form of grieving for His suffering.

The Gorzkie Żale are divided into three parts. Part one recalls Christ's agony in the Garden of Gethsemane, arrest and unjust trial. Part two recalls Christ's suffering from his unjust trial to His being crowned with thorns. Part three recalls Christ's crucifixion and death. Each part has its particular set of spoken intentions and hymns.

Gorzkie Żale are a particularly Polish Catholic tradition. The words and ideas behind them derived from traditional Polish religious songs sung for centuries in villages. Officially, the lamentations were first written down and sung on March 13, 1707 in Holy Cross Church in Warsaw. Afterward, they spread to other churches around Poland and eventually wherever Poles emigrated.

I encourage all of you to attend this devotion during Lent to hear these lamentations. Even if you cannot understand Polish, the haunting melodies will certainly move you. When done correctly, the Gorzkie Żale truly make it feel as if Christ is suffering right in front of you, and you with Him. Lenten Lamentations will be held at St Valentine's church in the first, second and third Sunday of Lent at 3:00 PM. You can attend in person or online on YouTube or Facebook. The English subtitles will be displayed as well, so you can actually sing in English the whole thing.

## FUNERAL

Stanley Sostak, 74, passed away on Sunday, Feb 14, 2021. Funeral Mass on Monday at 11:00 AM. Burial will follow in Greenwood Cemetery, Hamilton Twp. In Lieu of Flowers the family requests donations to Our Saviour PNCC Parish, in Stanley's name.



## MASS INTENTION REQUEST FORM

Mass for \_\_\_\_\_

Date requested \_\_\_\_\_

Requested by \_\_\_\_\_

Address \_\_\_\_\_

Phone Number \_\_\_\_\_ Mass stipend \$ \_\_\_\_\_

Please mail this form and the Mass stipend to Rev. Mariusz Mularczyk, 2330 Margaret St, Philadelphia, PA 19137