

February 26, 2023

FAITH SHARING

Our Saviour Parish of the Polish National Catholic Church

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1st Sunday of Lent

ENTRANCE HYMN

(Psalm 91:1-2: Psalm 17:8) V. You who dwell in the shelter of the Most High, who abide in the shadow of the Almighty, say

to the Lord, "My refuge and fortress, my God in Whom I trust."

R. Keep me as the apple of Your eye; hide me in the shadow of Your wings.

V. Glory be to the Father, and to the Son, and to the Holy Spirit,

R. As it was in the beginning, is now, and ever shall be, world without end. Amen.

Gospel

MT 4:1-11

A reading from the Holy Gospel according to Matthew.

At that time Jesus was led by the Spirit into the desert to be tempted by the devil. He fasted for forty days and forty nights, and afterwards he was hungry.

The tempter approached and said to him, "If you are the Son of God, command that these stones become loaves of bread."

He said in reply, "It is written: One does not live on bread alone, but on every word that comes forth from the mouth of God."

Then the devil took him to the holy city, and made him stand on the parapet of the temple, and said to him, "If you are the Son of God, throw yourself down. For it is written: He will command his angels concerning you and with their hands they will support you, lest you dash your foot against a stone."

Jesus answered him, "Again it is written, You shall not put the Lord, your God, to the test."

Then the devil took him up to a very high mountain, and showed him all the kingdoms of the world in their magnificence, and he said to him, "All these I shall give to you, if you will prostrate

At this, Jesus said to him, "Get away, Satan! It is written: The Lord, your God, shall you worship and him alone shall you serve."

Then the devil left him and, behold, angels came and ministered to him.

The Gospel of the Lord.



Today's readings teach us that we are always tempted by the devil, by the world, and by our own selfish interests. So, we need to cooperate actively with God's grace to conquer our temptations and practice prayer, selfcontrol, and charity.

In the first reading, Adam and Eve were given the possibility of making a choice to live for God, or to say no to God. The temptation to evil led Adam and Eve to an act of sin.

the second reading, St. Paul describes how the disobedience of Adam, who brought him and us sin, death, and a broken relationship with God.

Today's Gospel teaches us how the "desert experience" of fasting, praying, and soul-strengthening enabled Jesus confront his temptations successfully and then to preach the Good News of salvation.

Responsorial Psalm R. Be merciful, O Lord, for we have sinned.



Every Sunday during Lent after 12:00 Noon Mass.

THE ANNUAL PARISH MEETING

The Annual Parish Meeting will be held this year at Our Saviour Parish on Sunday, March 5, 2023 after 12:00 Noon Mass.

Today's Hymns

Processional Hymn 195 Morning Hymn

Hymn to the Holy Spirit 144 Come, Thou Creator

Offertory Hymn 178 Jesus Bless Your Faithful People

> **Communion Hymn** Jesus Christ, Bread of Life

> **Recessional Hymn** All Glory Laud and Praise

WORSHIP SERVICES

Sunday, February 26 1st Sunday of Lent 12:00 Noon – Holy Mass

Sunday, March 5 2nd Sunday of Lent 12:00 Noon - Holy Mass * * * * * * * * * * * * * * * * * *

Sunday, March 12 3rd Sunday of Lent Institution of the PNCC 12:00 Noon – Holy Mass *******

SECOND COLLECTIONS IN 2023

3/5 - For the Mission Fund

3/12 - Institution of the PNCC - For the National Church Center

4/2 - For the Mission Fund

5/7 - For the Mission Fund

6/4 - For the Mission Fund

6/18 - Father's Day – For the Clergy Pension Fund

7/2 - For the Mission Fund

8/6 - For the Mission Fund

8/27 - Youth Sunday - For the Youth Fund

9/3 - For the Mission Fund

9/10 - Solemnity - Brotherly Love -For the Bp. Hodur Retreat Center

10/1 - For the Mission Fund

10/15 - Heritage Sunday - Outreach to Poland Collection

11/5 - For the Mission Fund

12/3 - For the Mission Fund

12/31 - Solemnity- Humble Shepherds

Seminary Fund

1/7 - For the Mission Fund

Scan this code to watch the Mass online



PRAYERS FOR THE SICK:

Let us pray for all of the sick and homebound members of our Parish, especially: Howard Friedman, Michael and Patricia Havrilla, Gerry Brunson, Frank and Shellie Fisher, Gregg Smith, Clint Koch, Duane Schulte, Bill and Bernice Biroscak, Stephanie Besterci, David Potts, Andrew Chernesky, Joan Piechota, John Smith, Ernie Hoffman, Peggy Harris, Ina Reese, Tom Goff, Donald Gavenda, Michelle Freer, Kay Stampone, Jan Cherneski, Ewelina Mendelewski-Filyushchenko, Richard Golazewski, Jane Aldorshoff, Elizabeth McAlanis, Dolores McGlone, Marianna Pelka

Please keep us informed that we might minister to those who are ill at home, in the hospital or nursing home.

ACT OF SPIRITUAL COMMUNION

Most loving Jesus, I adore You in the Most Blessed Sacrament, in Which You are truly present. I love You above all things and I long for You in my soul. Since I cannot receive You sacramentally, I ask You to come spiritually into my heart and heal my soul. I embrace You and unite myself with You; may I never be separated from You. Inflame my heart with the fire of Your love, my Lord and Savior.

THE RULES OF FASTING AND ABSTINENCE FOR LENT

Everyone 14 years of age or older is bound to abstain from meat on Ash Wednesday and all the Fridays in Lent including GOOD FRIDAY.

Everyone 18 years of age and under 60 years of age is bound to fast on Ash Wednesday and Good

On these two days of fast and abstinence only one full meatless meal is allowed. Two other meatless meals, sufficient to maintain strength, may be taken according to each one's needs, but together they should not equal one full meal. Eating between meals is not permitted on these two days, but liquids, including milk and fruit juices, are allowed. When health or ability to work would be seriously affected, the law does not oblige.



Lent is primarily the time of intense spiritual preparation for conquering our temptations, using the means Jesus used during his forty days of preparation in the desert for his public life. It is also the time for repenting of our sins and renewing our lives for the celebration of Easter with our Risen Lord who conquered sin and death by his suffering, death and Resurrection.

By Almsgiving, we highlight others as being more important than ourselves and give ourselves to them as Jesus gave Himself to others.

By Prayer, we highlight God as being most important in our life, magnifying Him, humbling ourselves (thus realizing the distance between Him and us), and trying to come closer to the Lord. By Fasting, we discover our personal self and see who we really are.

Cutting, pruning and disciplining ourselves will be part of this job. Doing all these three things with joyful heart and mind will prepare us to rise with Jesus.

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INTENTION REQUEST FORM

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Mass for	
Date requested	
Requested by	
Address	
Phone Number	Mass stipend \$
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Please mail this form and the Mass stipend to Rev. Mariusz Mularczyk, 2330 Margaret St, Philadelphia, PA 19137